

Chocolate Marshmallow Fudge



Desserts --POINTS® Value: 2

Servings: 36
Preparation Time: 10 min
Cooking Time: 5 min
Level of Difficulty: Easy

Sure, you can buy a box of store-bought chocolates or you can make your own rich fudge at home *without* any fancy candy-making equipment.

Ingredients

1 spray(s) cooking spray

1 2/3 cup(s) sugar

2/3 cup(s) fat-free evaporated milk

2 tbsp reduced-calorie margarine

12 oz semisweet chocolate, chopped (about 1 1/2 cups)

14 large marshmallow(s)

Instructions

Coat an 8- X 8-inch pan with cooking spray.

In a medium saucepan, stir together sugar, evaporated milk and margarine; bring to a boil over high heat. Reduce heat to medium-low and cook, stirring constantly, about 3 minutes.

Stir in chocolate and marshmallows; remove pan from heat and stir until smooth.

Pour mixture into prepared pan and refrigerate until firm, about 2 hours. Cut into thirty-six 1 1/3-inch squares and serve. Yields 1 piece per serving.

Notes

Store fudge in refrigerator. Or freeze for a firmer consistency.

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