

Zucchini Squash Bake

**2 medium zucchini squash
Non stick spray for dish
2 teaspoons Parmesan cheese
4 teaspoons seasoned bread crumbs**

Place zucchini on microwavable dish. Pierce each with a fork. Microwave approximately 5 minutes on high or until tender but not soft. Split in half lengthwise. Spray with butter spray. Sprinkle each half with 1 teaspoon cheese and 1 teaspoon bread crumbs.

Makes 4 Servings for 0 Points Each