

**Crock-pot Cheeseburgers**  
**10 (½ cup servings) @ 4 points per serving**

**1.5 pounds lean ground beef - 90/10**

**½ teaspoon salt**

**½ teaspoon black pepper**

**8 oz. Kraft Velveeta Light Reduced-fat Pasteurized Processed Cheese Product**

**2 Tablespoons fat free skim milk**

**½ cup onion**

**2 clove garlic**

**Brown ground beef with garlic and onion in a skillet. Drain. Combine cooked meat and all remaining ingredients in crock-pot. Mix well and cook on low 2-3 hours. Serve on 1-point buns (buns not counted in recipe points).**