



National Nutrition Month® 2010-
“From the Ground Up”
Proclamation

Rochester Institute of Technology

Dr. William W. Destler

OFFICE OF THE PRESIDENT PROCLAMATION

WHEREAS food is the substance by which life is sustained; and

WHEREAS the type, quality, and amount of food that our faculty, staff and students consume each day plays a vital role in their overall health, physical fitness and degree of personal and professional success that is achieved; and

WHEREAS there is a need for continuing nutrition education and a campus-wide effort to enhance good eating practices and in accordance with the commitment to establishing a campus culture of health and wellness;

NOW, THEREFORE I, Dr. William W. Destler, President of **Rochester Institute of Technology** in Rochester, New York DO HEREBY PROCLAIM the month of March NATIONAL NUTRITION MONTH® at **Rochester Institute of Technology**, and I encourage all campus community members to join the campaign and become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow. In reference to this year’s theme “*Nutrition From the Ground Up*” let me share some of the exciting campus efforts currently underway:

- RIT’s first community garden is gearing up for their second planting season this spring
- RIT will be participating in their fifth consecutive Eat Well. Live Well. Challenge
- RIT anxiously awaits the return of the third Farmers’ Market season to campus
- Efforts are planned to determine the interest level for a campus-based Good Food Collective
- Remember to visit Dining Services NetNutrition website-nutritional content of your favorite foods at RIT’s dining locations.

IN WITNESS WHEREOF I have hereto set my hand and caused the Great Seal of **Rochester Institute of Technology** to be affixed.

Done on this the first day of March, two thousand and ten.

By: 
Title: President, **Rochester Institute of Technology**

Attest: 
Title: Chair, **Better Me** Nutrition Committee